



HEALTHY FOOD. HEALTHY MOVES. HEALTHY YOU.

## Nutrition News Nibbles

May 2020

### A Note from the Executive Director:

Visit our new website!

[BeHealthyPA.org](http://BeHealthyPA.org)



PA NEN is excited to announce the launch of our new social marketing campaign, *Be Healthy PA*. The goal of this campaign is to educate SNAP-Ed eligible Pennsylvanians on healthy food and healthy moves to achieve a healthy you. This goal ties in with our tagline: Healthy Food. Healthy Moves. Healthy You. *Be Healthy PA* uses nutrition and physical activity messaging to drive behavior change in the SNAP-Ed eligible population.

On May 1, 2020 PA NEN launched its new website as part of its social marketing campaign. The website has been updated to give it a new look and feel, as well as added features for low-income families such as a food assistance locator and information on nutrition classes that are occurring across the Commonwealth. The *Be Healthy PA* section of the new website offers "Eat", "Move", and "Shop" content to encourage a healthy lifestyle. Please join PA NEN in spreading the word. Make low-income families aware of the resources and visit [www.BeHealthyPA.org](http://www.BeHealthyPA.org) today!

Serina Gaston, M.Ed, CHES

**COVID-19 Impact on Food Security**

### **Governor Wolf Requests SNAP for Students During Pandemic**

A state plan was submitted by the Department of Human Services and Department of Education to provide Supplemental Nutrition Assistance Program (SNAP) to students that are eligible for free or reduced meals through the National School Lunch Program (NSLP). [Read the full article here.](#)

### **USDA Increases Monthly SNAP Benefits by 40%**

The United States Department of Agriculture (USDA) increases monthly SNAP benefits by 40% to ensure that low-income individuals have the purchasing power to feed themselves and their families during this crisis. [Read more.](#)

### **Wolf Administration Expands Food Recovery Infrastructure Grants to Help the Charitable Food System**

The COVID-19 pandemic has considerably increased the demand on the charitable food system across the state. The Wolf Administration is making immediate changes to the Food Recovery Infrastructure Grant Program to better support food banks so that Pennsylvanians receive the food assistance they need to get through this hardship. [Read more.](#)

### **World Food Programme Chief Warns of "Hunger Pandemic" as COVID-19 Threatens Food Security**

The Global Report on Food Crises was just recently released by the Global Network Against Food Crises and revealed that 135 million people in 55 countries and territories are experiencing acute food insecurity. With the COVID-19 pandemic, it is predicted that this number could double due to the shock of this crisis. [Read more.](#)

### **USDA Announces Coronavirus Food Assistance Program**

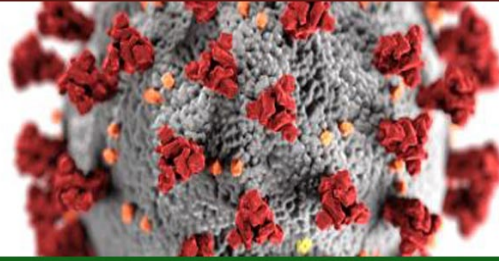
The United States Department of Agriculture has announce the Coronavirus Food Assistance Program (CFAP) to aid farmers and ranchers during the COVID-19 crisis. The immediate relief program will provided an estimated \$19 billion to protect the food supply chain. [Read more.](#)

### **Central PA Food Bank Teams Up with Agriculture to Provide Charitable Boxes of Farm Fresh Food**

As part of the Coronavirus Food Assistance Program (CFAP), the United States Department of Agriculture (USDA) will procure



## CORONAVIRUS (COVID-19)



## NUTRITION RESOURCE CENTER

### **Visit the Penn State Extension COVID-19 Information Page**

Penn State Extension has collected evidence-based resources on COVID-19 pertaining to food safety, protecting yourself when grocery shopping, cooking from your pantry, and more. [View the resources here.](#)

### **USDA Meals for Kids: Site Finder**

The United States Department of Agriculture (USDA) has created an interactive site finder map to help children and parents easily find sites distributing meals near them. [Check out the meal site finder here.](#)

### **USDA National Hunger Hotline**

The United States Department of Agriculture (USDA) National Hunger Hotline is a resource for individuals who are in need of food. Those who call the hotline number, will be connected with emergency food resources in their community. [Read more.](#)

### **Quarantine Tips: Grocery Shopping**

*Food & Nutrition Magazine*

### **Support Your Health with Nutrition**

*EatRight*

© Copyright 2020 PA NEN | [www.panen.org](http://www.panen.org) | 717.233.1791

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP) through the PA Department of Human Services (DHS).

This institution is an equal opportunity provider. View the full nondiscrimination statement [here](#).