

Some things are just  
**BETTER TOGETHER.**

Like breakfast... ➔



**BeHealthyPA.org**



# SIMPLY HEALTHY COMBOS

## Graham Cracker "Cheesecake"



Top a graham cracker with two spoonfuls of cottage cheese and canned, fresh or frozen peaches

## Chili Dusted Mango



Top mango slices with a squeeze of lime juice and a pinch of chili powder

## Banana Sandwiches



Top banana slices with peanut butter and raisins

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