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SIMPLY HEALTHY COMBOS

Grapes with PB Yogurt Dip



Dip grapes in one cup lowfat vanilla yogurt mixed with a spoonful of peanut butter

Pretzels-N-Cheese with Dip



Dip a handful of pretzels in honey mustard and add string cheese

Chips with Black Bean Salsa



Dip a handful of tortilla chips in salsa mixed with black beans

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