

Nutrition News & Opportunities



Your Nutrition Resource Connection

May 25, 2015

IMPORTANT PA NEN LINKS

[PA NEN NEWS](#)
[NIBBLE ARCHIVE](#)



International News:

PA NEN Summer Workshop information has been posted!

"Linking Cultural Diversity and Nutrition Through Technology: Are You Ready?"

Based on the feedback from members, directors and attendees, PA NEN has developed a new format for their summer workshops. This year's, one-day, interactive workshop will focus on two different aspects of communication, being culturally sensitive and talking about health through technology. Click [here](#) for registration and speaker information. Registration opens on June 1.

International News:

38 million chickens and turkeys killed because of the largest avian flu outbreak. [The number of birds sickened continues to climb.](#)

[Model food pantries are putting their food selection online and giving participants the opportunity to pick the food their family needs.](#)

6 billion pounds of fruits and vegetables are thrown away every year because of how they look. [See how people are utilizing this "wasted" food before it reaches the trash!](#)

[Active commutes bring infrastructure for weight loss.](#)

[A large food distributor pays big bucks to settle a case regarding last year's salmonella outbreak from peanut butter.](#)

[People can eat the same thing but lose different amounts of weight.](#)

Do you have picky eaters on your hands? Then, loosen them up by letting them play with their food! See some articles about this tactic, [here](#) and [here](#).

[One large grocery store chain makes the shift away from canned foods, mac and cheese, and sugary cereals for healthier options.](#)

[You might not be able to see calories on all restaurant menus because the menu-labeling policy may be changing.](#)

[We must make farming more enticing for the younger generation.](#)

[A dietitian gives diet tips for those competing in the Special Olympics.](#)

Ballet! Tap! Jazz! Flamenco! [See what kind of dance burns the most energy.](#)

[A mom's health could affect the immune response of her unborn baby.](#) In the future, understanding this connection might allow for adjustments in the way we provide medical care in the early years of life. Much more research needs to be completed.

[Are you hydrating this summer?](#)

[A leading candy bar producer promised to place "added sugar" on their nutrition label.](#)

[See the mix of food that participants bought on the Supplemental Nutrition Assistance Program.](#)

[The number of military vets on the Supplemental Nutrition Assistance Program remains high.](#)

[School meals with more flavor and less sodium? It's possible!](#)

[Diabetes might be a risk factor for dementia or Alzheimer's.](#) But, to associate one with the other would discredit many people managing diabetes without memory loss. More research to be had.

[Is lengthy, preoperative fasting necessary for children?](#)

[Reduce, reuse, recycle iron into a source of affordable nutrition for the Cambodian population.](#)

[Metabolic rates stabilize but remain high across the nation.](#)

[Parents are unaware of their children's obesity.](#)

The U.K. initiated salt reduction regulation and policy. [See what happened.](#)

Do you keep snack food in an easy-to-reach drawer? Ice cream at eye-level? Chocolate in arm's reach? [Where your food is stowed could influence what you choose to eat.](#)

[Food insecurity lingers.](#)

[What is the economic burden of foodborne illness?](#)

[Australia's new food guide pyramid does not include butter and reduces the amount of sugar recommended.](#)

[Banning trans fat](#)

[Create positive body image for your kids](#) with these tips because [all this talk about obesity might be affecting them.](#)

Lipid lowering drugs are associated with fewer cardiac events in the long run. See more on the correlation, [here](#).

All saturated fats aren't the same! Check [this article](#) and this one to find more.

[Pick your workout based on your mood.](#)

Schools—get ready for a better food purchasing plan. [The U.S. Department of agriculture is looking to change.](#)

[A college graduate improves dairy desserts through food science.](#)

[Childhood hunger is multifaceted.](#)

Celiacs disease is related to bone loss. [Here are tips to prevent it.](#)

[Dress up your salad with these tips.](#)

[Leaders across the nation come together to solve healthy food access issues.](#)

[New research on eliminating food allergies](#)

[Cubed raw food!](#)

[How will a trade deal will affect our diet?](#)

[Iowa farmers are making the switch into smaller, more localized producers.](#)

[Improving people's diets will mean making food more accessible and affordable; also important, we must change perceptions about what's healthy.](#)

Local News:

Pennsylvania: [A poll finds that a majority of Pennsylvanians support healthy school food policy.](#)

Pennsylvania: [No asset testing will take place for people applying for food stamps.](#)

Pennsylvania: Wegmans [recalled](#) stuffing because of mislabeling and an undeclared allergen.

Carlisle: [Have you seen Project Share has a successful gleaning program?](#)

Chambersburg: Check this [newsletter](#) for everything happening on the Fulton Farm at Wilson College.

Hershey: The Hershey Pro Wellness Center created this fabulous [infographic](#) about how much exercise it takes to work off the extra calories you eat.

Lancaster: Feeding Lancaster created a [video](#) about their new food hub! Scroll down [this website](#) for details.

Lehigh Valley: [Letter carriers collect 61,000 pounds of food for the hungry.](#)

Philadelphia: [The locals hold a debate about food insecurity in their area.](#)

Philadelphia: Have you heard about Philabundance's "Fresh News" Newsletter? You can sign up [here](#).

Pittsburgh: In light of the Child Nutrition Reauthorization Act and to promote the message of childhood hunger, the Greater Pittsburgh Community Food Bank holds the Paper Plate campaign. [You can learn more and join their cause.](#)

Social Media

[#FoodRevolutionDay](#) happened on May 15th supporting [food education for all kids](#). You can check who participated over social media by following the hashtag [here](#).

#GimmeFive is an initiative of Lets Move. It's asking people to share their physical activities. See what Michelle Obama does for exercise [here](#). Then, follow the #GivemeFive hashtag on [Facebook](#) and [Twitter](#) for more ideas.

The New York State Dietetic Association (NYSDA) held their 85th Annual Meeting & Expo (AME) on May 17-18. You can follow the Dietetic Association at [@EatRightNewYork](#) and their conference hashtag [#2015AME](#) for resources, speaker information, and much more.

A #SaludTues [tweetchat](#) shared ways of encouraging healthier lifestyles in Latino communities. Follow the [#SaludTues hashtag](#) on Twitter for shared resources.

The Coalition Against Hunger just held their Annual Conference, Good Food For All. Follow the #GoodFood4All hashtag on [Twitter](#) and [Facebook](#) to see all the good resources drawn from the week!

Want to learn more about food allergies? Follow FoodSafety.gov's hashtag, [#FoodAllergyMonth](#), for the rest of May.

Resources

The [article](#), "About Eating: An online program with evidence of increased food resource management skills for low-income women," published in the Journal of Nutrition Education and Behavior, is available at for FREE until June 26, 2015.

The [Future of Food a Global Assessment](#) touches on our food system and sustainability. It addresses some major corporate, organizational, and individual players involved in the food system. Take a look!

Check out the [Farm to School census](#) to find out what's growing in your school or district, along with other data.

Spread the word about the importance being active with these [infographics](#).

Soil biodiversity affects the quality of food grown. See all that influences this process in this [infographic](#).

The US Department of Transportation is offering a [bike lane planning guide](#) with best practices from across the nation.

The Let's Move initiative promoting healthy eating and physical activity happens across the nation. Check this [interactive map](#) to see everyone involved.

Webinar:

NEW-The US Department of Agriculture, Food & Nutrition Service (FNS) Mid-Atlantic Region has a network of health care organizations with the goal of expanding partnerships and creating opportunities to improve child nutrition and health through the Supplemental Nutrition Assistance Program, WIC, school meals, and the Summer Food Service Program. Learn more about up-and-coming initiatives like the Fruit and Vegetable Prescription Program, gardening programs, ways to increase city food access, and health systems that have integrated community wellness from this webinar on June 9 from 11:00 AM – 12:00 PM. This FREE webinar will be on Microsoft Office Live Meeting (Webinar). Use the [live meeting link](#). If prompted, type in the meeting ID: C236NN. If prompted, type in the entry code: b;=8[R/Dx. For audio, call this number 1 - 888-844-9904 with an access code 3992672. Check your system to make sure it is ready to use [Microsoft Office Live Meeting](#). Contact Carmen Hui by phone at 609-259-5042 or by email at Carmen.Hui@fns.usda.gov with questions.

NEW-Waste, fraud and abuse in federal child nutrition programs were addressed during a hearing in preparation of reauthorizing the child nutrition programs. Find the [archived recording](#) and supplemental resources here. Also, find error rate [issues highlighted by the US Department of Agriculture Inspector General](#).

NEW-Earth Eats, a radio [podcast](#), talks about recent food and agriculture news, food hubs, and dung beetles! Oh my.

NEW-The House of Representatives passed the Senate and House compromise for the Fiscal Year 2016 Congressional Budget Resolution. Public health and health research programs would be impacted by certain cuts within it. Also, the Senate Agriculture Committee held its first hearing of the 11th Congress examining the child nutrition programs set for reauthorization this year. To watch the hearing from May 7, [check out this recording](#). The Academy's Child Nutrition Reauthorization Work Group recently released recommendations for child nutrition programs. Review their reauthorization recommendations, [here](#).

Watch this really interesting TeDEx recording given by Michael Kuczala. He speaks to physical activity in the classroom in his presentation called, "[Kinesthetic Classroom - Teaching and Learning through Movement](#)."

Herbal remedies are an answer for those who are not interested in typical pharmaceutical remedies. But, can these herbs be good for kids? What supplement is best for them to take, how much, how often, and which brands? Listen and learn from health professionals in this webinar. You can register [here](#). To view in other time zones or languages, please click the [link](#). The webinar will take place on May 13 from 1:00-2:00 PM (ET) and is available to registered dietitians who are a part of the Academy of Nutrition and Dietetics.

On the "Meal Make Over Moms" podcast, you'll hear one dietitian sum up the 500-page, Dietary Guidelines report. Listen to the recording [here](#).

Is red meat good or bad for you? The debate rages on. Hear what one researcher has to say about it over this [radio recording](#).

Events:

NEW-Highmark is holding a Walk for a Healthy Community in different areas throughout Pennsylvania. See more details [here](#).

The Institute of Medicine is holding a two-day workshop called, "Meeting the Dietary Needs of Older Adults." It's sponsored by the AARP Foundation and will be held on October 28-29, 2015 in Washington, DC. The workshop will examine the evidence on factors that influence older adults' ability to meet their daily dietary needs. See all the details at [this website](#).

Save the date! The 2015 National Conference on Health Communication, Marketing, and Media is set for August 11 - 13 in Atlanta, Georgia. As more information unfolds, it will be posted on [this website](#).

National Food, Nutrition, and anti-hunger conferences are all listed [here](#) for

2015.

Grants and Opportunities:

NEW-The U.S. Department of Agriculture announced that \$30 million in funding is available through the competitive Value Added Producer Grant (VAPG) Program. The deadline for applications is July 7, 2015. Find out more, and gain a better understanding of the application process [here](#).

\$3.3 million is available to support the acceptance of Supplemental Nutrition Assistance Program (SNAP) benefits at farmers markets. Applications are due on June 18. Find more [here](#).

The U.S. Department of Agriculture's Nutrition Evidence Library is searching out an Abstractor. Applicants will assist in the development of evidence portfolios to inform Federal nutrition policies and programs, such as the *Dietary Guidance Development Project for Infants and Toddlers from Birth to 24 Months and Women Who are Pregnant*. This item will provide an evidence base for the 2020 Dietary Guidelines for Americans and Federal nutrition programs. Find out more about this opportunity [here](#).

Finding the right funding source for your project can be a challenge. [Pivot](#) helps you find the funding that suits you and your organization.

Check [this listing](#) of upcoming deadlines and descriptions for federal food and agriculture program funding.

School nutrition grants are available and can be found in this archive from [Grants.gov](#). Another childhood nutrition grant archive with opportunities from various sectors can be discovered on this Feeding America [website](#).

[GrantHelpers.com](#) lists a couple food and nutrition grants available.

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