

PA NEN - Weekly Food & Nutrition News Nibbles



Week of March 26, 2012

IMPORTANT PA NEN LINKS

[NEWS NIBBLES-PAST ISSUES](#)



PA NEN News:

Discounted Registration Rates have been extended to April 13th!

Sessions are filling up fast...Save money on PA NEN's Annual Conference registration, and be sure to get into your wanted sessions by registering before April 13th! Late registration fees begin on April 14th and registration closes on April 20th. [Register today!](#)

"Keystone Kids Go!" has resources to improve Children's Nutrition and Physical Activity

Are you looking for new initiatives that focus on improving young children's nutrition and physical activity? Then what "[Keystone Kids Go!](#)" has to offer is for you!

PA NEN is 'Blogging' with Mark Winne!

PA NEN has added a new feature to its website - a blog! What is a blog? It is an online journal that can be used to post articles, breaking news or a collection links for you to comment on, provide feedback or simply read. Our first blog post has been submitted by Mark Winne, this year's Breakfast Keynote Speaker. Click [here](#) to check out his post, "Food Elitism for All," and add a comment.

Would you like to attend PA NEN's Board Meeting?

The next PA NEN Board Meeting is scheduled for Tuesday, April 24, 2012. The meeting is open to all of our members. If you are interested in attending, please RSVP to [Julie Davis Bartol](#) by April 11, 2012. To find out more details, click [here](#).

Vote for members of the PA NEN Board!

All PA NEN members are eligible and encouraged to vote for new Board Members. The vote closes noon on April 17th. To review the ballad today, click [here](#).

International and National News:

[Calories are in all foods, and it's hard to keep track of them.](#)

[When natural disaster strikes in the Midwest, Food Stamps supply citizens with needed food supplies.](#)

[Will kids eat healthy food that is now available in school?](#)

[D.C. increased participation in school breakfast by 32% in 2010.](#)

[Kids decorated paper plates to campaign against hunger!](#)

[A survey of 500 New York food pantry participants shows the breakdown of overall finances and how they pay for their meals.](#)

[\\$16.74 for three days worth of meals proved that it's challenging to find healthy options at this budget. See how people began to understand hunger by taking the "Hunger Challenge."](#)

A man who received the diagnosis of Type 2 Diabetes researched his disease and wrote a book. Look to an interview with this author [here](#).

Local:

Pennsylvania: [The USDA is leading pilot projects in 6 states \(including ours\) to increase the number of students participating in the National School Lunch Program. To do this, they will qualify school kids based on their Medicaid information!](#)

Pennsylvania: Have you or your clients used your smart phone to find a community health center? Did you know there's an [app](#) for that? In 2011, the Health Resources and Services Administration ([HRSA](#)) released their "[Find a Health Center](#)" mobile app.

Philadelphia: [Inner city students learn to eat their veggies grown out of their garden boxes.](#)

Resources:

Our state and local governments provide meals for all kinds of public facilities from schools to jails. [Public Health Law and Policy](#) just released a resource that gives an overview of whether state or local agencies can

procure locally produced food and agricultural products. State laws outlining these intentions are highlighted. Download their resource [here](#).

With the Farm Bill being renewed in the fall of 2012, it's important for us, anti-hunger and nutrition professionals, to understand our need for policies within this legislation. Here is an informative resource that outlines the agricultural and nutrition regulation within the bill. Ultimately, the Farm Bill controls the price and quantity of foods sold and produced. Look [here](#) to learn more and download the document.

Check out [this article](#) that shows how restaurants need to help to curb obesity.

[Look](#) at the new research on the economic consequence of cutting the Food Stamp Program.

[Here](#) are proper food portions for teens and grade-schoolers that resonate with [MyPlate's](#) dietary recommendations.

[California Raisins](#) created a health conscious website catering to their customers. Click [here](#) to see it, and judge the material for yourself.

Are you a registered dietitian who belongs to the [Academy of Nutrition and Dietetics](#)? Then, you can download the "[The Healthy Snacking In a Nutshell](#)" Toolkit. You can choose from ten different presentations geared for specific audiences.

Webinars:

You can look to [Conagra food webinar recordings](#) on recent nutrition and health findings. Continuing education credits are provided for registered dietitians.

Access to fresh, local produce and other cheaper, healthy food does not promise that purchasing and eating behaviors will change. Review this [free, online webinar](#) to view strategies to making healthy foods appealing and available to the low-income populations.

A webinar titled, "Cardiovascular Risk: Diabetes and the New Cardiovascular Guidelines" will be held on April 4 from 1:00 PM-2:30 PM (EST). 1.5 hours of continuing education will be provided. Look to [this site](#) for pricing and more details.

Events:

NEW-The [35th Annual National Food Policy Conference](#) will be held in Washington D.C. on May 17-19th. Discussion topics include: the progression of nutrition policy, antibiotics in our food supply, the changing climate of our food system, genetically engineered foods, the

future of food assistance programs, school food nutrition and much more. Look [here](#) for the agenda and [here](#) to register.

Do you know any kids in Philadelphia and surrounding areas? Might they like hiking, biking, swimming or running? [Triyouthalon](#) (pictures of their events are available on [Youtube](#)) was organized to bring families together to enjoy exercising, eating healthy and supporting each other. Three or four duathlons and triathlons are held throughout the year for participants of various ages. Their next event for kids age 15 and older will be held on May 19th, 2012 at Pennypack Park. Check out [this site](#) to learn more and register for upcoming events.

The 79th Annual [Pennsylvania Dietetic Association](#) Annual Meeting and Exhibition, "Putting the Pieces Together," will be held April 15-17, 2012 at the Holiday Inn, Grantville, PA. Go to [this site](#) for more information.

Are you a Registered Dietitian or Dietetic Technician interested in policy? Then the [Academy of Nutrition and Dietetics](#) is holding the Public Policy Workshop in Arlington, VA on April 15-17th, 2012. Topics to cover include the Farm Bill, the Healthy Hunger Free Kids Act, the Older Americans Act and reimbursement. On the last day, congressmen from Capitol Hill will visit. For more information and the early-bird special conference price, look [here](#).

On Monday, May 7, 2012 at the Leows Philadelphia Hotel a culinary event called, "Taste of the Nation Philadelphia" will be held to fight childhood hunger. Organizations involved include the [Greater Philadelphia Coalition Against Hunger](#), [Philabundance](#) and the [Food Trust](#). Click [here](#) for more information and registration.

Grants and Opportunities:

The Robert Wood Johnson Foundation ([RWJF](#)) is offering two types of grant opportunities. The award types are: *Round 7 grants* and *RWJF New Connections grants*. These opportunities are associated with their *Healthy Eating Research: Building Evidence to Prevent Childhood Obesity*, a national program aimed for research on environmental and policy strategies to prevent childhood obesity, especially for low-income populations at higher risk for obesity. There is a call for proposals targeted to provide key decision- and policy-makers with evidence behind reducing childhood obesity by 2015. Both types of available awards are described [here](#). More information and supporting documents can also be found on [this site](#).

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