

PA NEN - Weekly Food & Nutrition News Nibbles



Week of June 20, 2011

IMPORTANT PA NEN LINKS

[NEWS NIBBLES-PAST ISSUES](#)

THANK YOU FOR ATENDING PA NEN'S ANNUAL CONFERENCE!



PA NEN News

Summer Programs

[PA NEN Summer Workshops are Filling Up FAST!](#)

Are you planning on attending one of PA NEN's Summer Workshops but have not registered yet because you are waiting for the payment to be processed? No worries! You can register today and select the 'Bill Me' option when you register on line. If you are registering using the form, simply write 'Bill Me' in the credit card information area. There are only six spots remaining for the Gettysburg Workshop!

International and National News:

[A study gives the skinny on fat substitutes \(like Olestra\) that may contribute to weight gain.](#)

Zooming cars and raising money to reduce nation-wide hunger are two things we anticipate as NASCAR partners with [AARP](#) to support the anti-hunger cause for elderly adults. Look [here](#) for the article.

Tactical interventions like constructing biker- and walker-friendly city streets prove essential. In this study, a researcher relates driving time to increased rates of obesity. If this interests you, [read more](#).

[After the E. coli outbreak in Europe, the FDA has become more stringent with food safety on imported items.](#)

[The SNAP food programming faces challenges during the budget cuts.](#)

[1 out of 12 kids grow up with allergies. According to this researcher, minorities and low-income populations are at higher risk of coping with allergies without being diagnosed.](#)

Local:

Pennsylvania: [Warning! Dole Salad recalls their "Italian Blend" with a Use By Date of June 19th, 2011. This is happening in Pennsylvania and 11 other states.](#)

Pittsburgh: The number of Food Assistance clients rises in many of the

Greater [Pittsburgh Community Food Bank](#) partner locations. [Take the North Side Food Pantry, for example.](#)

Allentown: [Higher food costs increase the need for food stamps.](#)

Resources:

[The Robert Wood Johnson Foundation's Center to Prevent Childhood Obesity has online toolkits available.](#)

Our [nation's Prevention Council](#) takes action with "[The National Prevention Strategy: America's Plan for Better Health and Wellness.](#)"

Summertime beckons you to grill your meat until it's hot-hot-hot! Kill potentially harmful bacteria in your meat by grabbing a meat thermometer and following [this temperature chart](#).

A [recently published study](#) documents how long-term lifestyle modification and eating patterns influence people's weight.

The [Society for Nutrition Education \(SNE\)](#) amasses helpful [resources!](#)

[The American Diabetes Association has a tool for diabetics to track their diet.](#) It's similar to the [USDA's Daily Food Planner](#), except the web application helps to balance the starchy grains within a healthy diet.

Webinars:

NEW Event: How might you implement the USDA's MyPlate guidelines? Does this new arrangement apply to the population with which you work? Your questions can be answered at this [webinar](#) held by the [Robert Wood Johnson Foundation](#) on June 27th from 2:00-3:00 PM.

Event: On July 28, 2011 at 1:00-2:30 PM a webinar called "Healthier Corner Stores: Finding the Funding" is where you can discover your federal, state and local assistance for healthy corner store development. [You can join this informational session.](#)

Grants:

Can your non-profit improve access to Supplemental Nutrition Assistance Programs for eligible populations? [Applications](#) for this grant are available today.

Are you a part of an accredited university or organization that is interested in WIC? A research grant is available for multiple subject areas. You can apply [here](#).

Supplemental Nutrition Assistance Program (SNAP).