



Your Nutrition Resource Connection  
**Nutrition News & Opportunities**

June 1, 2015

**IMPORTANT  
PA NEN LINKS**

[PA NEN NEWS](#)  
[NIBBLE ARCHIVE](#)



**PA NEN News:**

**PA NEN Bylaws Updates**

Two revisions to the Bylaws were emailed to all PA NEN members on May 21st.

This is a brief recap. If you would like this email resent to you, or for a copy of PA NEN Bylaws, please contact [jbartol@phmc.org](mailto:jbartol@phmc.org).

\*\*\*\*\*

Under the following:

ARTICLE III . GOVERNANCE

Section 2. Executive Committee, Part c.iii

- In the first sentence, the word "elect" was added.

Upon approval, the first sentence will read: In the alternate year when the election of a Chair-Elect is to be held, the Executive Committee will reorganize immediately after the PA NEN annual business meeting.

\*\*\*\*\*

Under the following:

ARTICLE V. STANDING AND AD HOC COMMITTEES

Section 2. Standing Committees, Part c.iv

This section will remain in its original state. Upon approval, no changes will be made.

\*\*\*\*\*

PA NEN members have the opportunity to submit comments to the Board before they vote on the proposed amendments above. According to the PA NEN Bylaws, it states, "Proposals for amendments to the Bylaws shall be presented in writing to all PA NEN members 21 days in advance of a meeting of the PA NEN Board." Comments will be accepted to the Bylaws Committee Chair, Mary Ann Mihok, at [jmaem1@pa.net](mailto:jmaem1@pa.net) until 2:00 PM on Monday, June 22, 2015.

**PA NEN Summer Workshop information has been posted!**

This year's, one-day, interactive workshop - "Linking Cultural Diversity and Nutrition Through Technology: Are You Ready?" - will focus on two different aspects of communication, being culturally sensitive and talking about health through technology. Click [here](#) to register.

**International News:**

[Have you heard this rap? It promoted a fresh vegetable and fruit bar in Virginia schools.](#)

[The news is out about the new innovative leader of Lets Move.](#)

[One out of six low-income children receives healthy options in school.](#)

[All parts of the supply chain meet to talk about a better food delivery system for schools.](#)

[Eating too much salt remains unhealthy for most.](#)

[It's a campaign against sugary drinks for kids.](#)

[See how walking is trendy!](#)

[Eggs are now imported because of shortage due to the bird flu epidemic.](#)

[How can we make agriculture appealing to youth?](#)

[Watch how water in the Middle East is recycled.](#)

[Teens seek online health information, but they question its validity.](#)

[Should we drink milk?](#)

[The drought in California \(and many other factors\) are affecting food prices.](#)

[What's eaten for breakfast around the world? Browse through these picture to find out.](#)

[One preventative health researcher believes that sustainable eating patterns are important.](#)

[Restaurant chains voluntarily remove artificial ingredients from their menus.](#)

[Might people be dealing with a food addiction?](#) This [article](#) questions whether there is such an addiction.

A partitioned grocery cart helps shoppers buy healthier foods. Listen to the story [here](#).

[A dietitian outlines a week's worth of healthier menus.](#)

[Before you start restricting food groups, know this.](#)

The menu labeling rule might be [adjusted](#) before it's actually passed. One politician even requested a year extension before implementation. [Here is why.](#)

On May 20, the House Agriculture Committee's Subcommittee on Nutrition held a hearing entitled "[Past, Present, and Future of SNAP: The World of Nutrition, Government Duplication and Unmet Needs.](#)" During this time, politicians heard testimony from researchers and providers on how federal nutrition programs serve families needing assistance.

[Eating omega-3 and omega-6 fats might reduce headache symptoms. More research to be had.](#)

[Read about this pledge to end to food waste.](#)

[This photo journal shares the reality of seniors struggling with hunger.](#)

[Oakland boasts about its urban and community gardening efforts.](#)

[Have you heard about gardens on roofs?](#)

### Local News:

**Pennsylvania:** [“Dill Pickle Popcorn” has been recalled because of an unlabeled milk allergen. This product is distributed at the Burlington Coat Factory.](#)

**Pennsylvania:** [More kids in Pennsylvania are taking advantage of the summer meals program.](#)

**Berks County:** [The elderly relish in planting vegetables for use in their senior facility’s kitchen at a later date.](#)

**Central PA:** [The Central PA Food Bank is proud to be ranked as one of the top notch charities according to Charity Navigator’s stringent criteria.](#)

**Philadelphia:** This model grocery chain is thriving in a food desert of South West Philadelphia. See how they keep things running in this [article](#).

**Pittsburgh:** [How is policy influencing the food pantry and food bank arena?](#)

**Pottstown:** [See how school kids are building their brain power through exercise.](#)

**State College:** [This nutrition professional has been working for Penn State Cooperative Extension for 25 years and counting.](#)

### Social Media

On May 26, a [#SaludTues](#) Twitter Chat looked at how technology + media encourage Latinos to be healthier? Follow the [hashtag](#) to find some awesome resources that were posted.

See who participated in [#NationalRunningDay](#) this week by following this [Twitter hashtag](#).

[#worldhungerday](#) was last week. See all the revealing data, infographics and research on the global hunger.

Did you know it was [#freshfruitandvegetablemonth](#)? Follow the hashtag on [Twitter](#) and [Facebook](#) to see what’s happening.

## Resources

The Center for Social Dynamics at Brookings, in partnership with the World Food Center of the University of California-Davis quantified the economic costs of obesity. See the presentation of the [data here](#). Download their [slides here](#).

The U.S. Department of Agriculture's (USDA) National Institute of Food and Agriculture (NIFA) created a new [Data Gateway](#) tool. It provides easy access to data and metrics on how the agency distributes funding.

The National Institute of Health printed the [Women of Color Health Data Book](#).

The 2015 Dietary Guideline Summit was held last month. [Here](#) is the report.

[Here](#) are dietitian-recommended apps to help people save money and shop healthy in the grocery store.

The National Collaborative on Childhood Obesity Research releases a monthly Newsletter with a ton of great resources. Read their [May Newsletter](#) in preparation for the one coming in June!

See a [string of articles](#) regarding the House Agriculture Committee's Subcommittee on Nutrition. There are a couple good write-ups about the Supplemental Nutrition Assistance Program (SNAP).

It's MyPlate's 4th birthday! [And, they're celebrating by posting materials in 20 different languages!](#)

A California food and drink policy has been associated with a reduction in weight. See the research article [here](#).

Check [this map](#) to see how many kids are participating in the summer meal program, nationally. See how Pennsylvania measures up!

Latino subgroups have different health risks. Check out the easy-to-read data [here](#).

## Webinar:

NEW- The EATx seminar addressed the urgent issues in food, health and sustainability in the Middle East and North African (MENA) region. Experts from all sectors came from around the world to present on the matter. Watch the recordings, [here](#).

NEW-The Center for American Progress, Food Research and Action Center, Feeding America, the Coalition on Human Needs and Witnesses to Hunger are working together to release a new campaign, "Community Voices: Why Nutrition Assistance Matters," to gather stories of those who took part in a nutrition assistance program, to share these stories to dismiss myths, and to increase the understanding of how these programs work and who they help. You can watch a recording of the kick off presentation. [Register here](#).

The US Department of Agriculture, Food & Nutrition Service (FNS) Mid-Atlantic Region has a network of health care organizations with the goal of expanding partnerships and creating opportunities to improve child nutrition and health through the Supplemental Nutrition Assistance Program, WIC, school meals, and the Summer Food Service Program. Learn more about up-and-coming initiatives like the Fruit and Vegetable Prescription Program, gardening programs, ways to increase city food access, and health systems that have integrated community wellness from this webinar on June 9 from 11:00 AM – 12:00 PM. This FREE webinar will be on Microsoft Office Live Meeting (Webinar). Use the [live meeting link](#). If prompted, type in the meeting ID: C236NN. If prompted, type in the entry code: b;=8[R/Dx. For audio, call this number 1 - 888-844-9904 with an access code 3992672. Check your system to make sure it is ready to use [Microsoft Office Live Meeting](#). Contact Carmen Hui by phone at 609-259-5042 or by email at [Carmen.Hui@fns.usda.gov](mailto:Carmen.Hui@fns.usda.gov) with questions.

Waste, fraud and abuse in federal child nutrition programs were addressed during a hearing in preparation of reauthorizing the child nutrition programs. Find the [archived recording](#) and supplemental resources here. Also, find error rate [issues highlighted by the US Department of Agriculture Inspector General](#).

The House of Representatives passed the Senate and House compromise for the Fiscal Year 2016 Congressional Budget Resolution. Public health and health research programs would be impacted by certain cuts within it. Also, the Senate Agriculture Committee held its first hearing of the 11th Congress examining the child nutrition programs set for reauthorization this year. To watch the hearing from May 7, [check out this recording](#). The Academy's Child Nutrition Reauthorization Work Group recently released recommendations for child nutrition programs. Review their reauthorization recommendations, [here](#).

Watch this really interesting TeDEx recording given by Michael Kuczala. He speaks to physical activity in the classroom in his presentation called, "[Kinesthetic Classroom - Teaching and Learning through Movement](#)."

### Events:

Highmark is holding a Walk for a Healthy Community in different areas throughout Pennsylvania. See more details [here](#).

The Institute of Medicine is holding a two-day workshop called, "Meeting the Dietary Needs of Older Adults." It's sponsored by the AARP Foundation and will be held on October 28-29, 2015 in Washington, DC. The workshop will examine the evidence on factors that influence older adults' ability to meet their daily dietary needs. See all the details at [this website](#).

Save the date! The 2015 National Conference on Health Communication, Marketing, and Media is set for August 11 – 13 in Atlanta, Georgia. As more information unfolds, it will be posted on [this website](#).

National Food, Nutrition, and anti-hunger conferences are all listed [here](#) for 2015.

## Grants and Opportunities:

NEW-Here is Request for Information (RFI) asking for a national vision for health disparities research. Information outlined on this website will help the National Institute on Minority Health and Health Disparities (NIMHD) define a vision that will guide the development of the science of health disparities research for the next decade. The RFI is due on July 31, 2015. Find all the information, [here](#).

The U.S. Department of Agriculture announced that \$30 million in funding is available through the competitive Value Added Producer Grant (VAPG) Program. The deadline for applications is July 7, 2015. Find out more, and gain a better understanding of the application process [here](#).

\$3.3 million is available to support the acceptance of Supplemental Nutrition Assistance Program (SNAP) benefits at farmers markets. Applications are due on June 18. Find more [here](#).

The U.S. Department of Agriculture's Nutrition Evidence Library is searching out an Abstractor. Applicants will assist in the development of evidence portfolios to inform Federal nutrition policies and programs, such as the *Dietary Guidance Development Project for Infants and Toddlers from Birth to 24 Months and Women Who are Pregnant*. This item will provide an evidence base for the 2020 Dietary Guidelines for Americans and Federal nutrition programs. Find out more about this opportunity [here](#).

Finding the right funding source for your project can be a challenge. [Pivot](#) helps you find the funding that suits you and your organization.

Check [this listing](#) of upcoming deadlines and descriptions for federal food and agriculture program funding.

School nutrition grants are available and can be found in this archive from [Grants.gov](#). Another childhood nutrition grant archive with opportunities from various sectors can be discovered on this Feeding America [website](#).

[GrantHelpers.com](#) lists a couple food and nutrition grants available.