



Your Nutrition Resource Connection
Nutrition News & Opportunities

July 6, 2015

**IMPORTANT
PA NEN LINKS**

[PA NEN News](#)
[NIBBLE ARCHIVE](#)



PA NEN News:

Come and Learn the FUNdamentals of Diversity and Technology!
The workshops are **filling up fast!** Space is **limited to 40 attendees** per location. There are 15 spots remaining for the Philadelphia location and 25 for the Gettysburg location. [Click here](#) to learn more.

International News:

[Try these small steps towards reducing your child's weight.](#)

[Decipher through junk science with these tips.](#)

[Farm to School makes perfect sense because kids in the program get healthier!](#)

[Doctors stand up for dietitians working on their team.](#)

[Food is made fashionable in these sketches. Healthy can be so beautiful!](#)

[Kids can gain the skills to eat healthy at restaurants. You'll find many teachable moments there!](#)

[How does being glued to a screen affect our kids' health.](#)

[How powerful is preventative medicine?](#)

Chef Ann is a pioneer in the healthier school lunch sector. Now, she's joining with a fitness foundation to give her lunch [campaign a whole new look.](#)

[Cancer death rates slow. See how nutrition plays a role in patients' care.](#)

[Fight childhood obesity with these sensible tactics.](#)

[Street closure for cyclists and walkers is becoming more prevalent.](#)

[What is it really like to shop on Supplemental Nutrition Assistance Program Benefits?](#) Read another participants account [here.](#)

[Labeling calories on a dinner menu will not happen until December](#)

[2016.](#)

Local News:

Pennsylvania: [Get outside to the Pennsylvania Grand Canyon.](#)

Pennsylvania: [A Penn State Professor argues that fewer ingredients in foods does not mean fewer calories.](#)

Pennsylvania: [Two local food banks made the ranking as top-notch charities of the year—the Central PA Food Bank and the Second Harvest Food Bank!](#)

Pittsburgh: [A local 6th grader cooks healthy and fresh!](#)

Pittsburgh: [Ordinance simplifies urban gardening in the city.](#)

West Shore School District: [Schools work with the Central Pennsylvania Food Bank to serve summer meals.](#)

Social Media

Fruit and Vegetable More Matters brings grilling to the forefront at their #TheGoldenGrill Twitter party! See how participants encouraged firing up the grill through a list of healthy ideas! Just follow the [hashtag](#).

Bloggers call for an online conversation about summer hunger. Watch this [Youtube video](#) to learn more about their campaign.

Let's see how the winning recipes, made by children across the nation, were selected for the Kids State Dinner were chosen through [this video](#).

Those in charge of creating the Brazilian, healthy eating patterns created an adorable cartoon to push their message. [Watch the English version](#).

Resources

View [the resources](#) on the National Foundation to End Senior Hunger.

Review the [Childhood Obesity Intervention Cost Effectiveness Intervention Study](#) (CHOICES).

"A Framework for Assessing Effects of the Food System" looks at how food production and consumption has impacted our health and lifestyle. It challenges food producers to take into account of the relevant social, economic, ecological, and evolutionary factors behind the scenes of the food system. [Download the PDF for free](#).

The Institute of Medicine's "Cross-Sector Responses to Obesity" summarizes a workshop convened on Obesity Solutions in September 2014. It looks closely at cross-sector work that may reduce issues

surrounding obesity through case studies, learned lessons, and by addressing barriers to this approach. You can [download the free PDF here](#).

Check out the [Journal of Health Affairs' Health Policy Brief](#) which describes the details and controversy of the Food and Drug Administration's menu labeling rule.

House Agriculture Appropriations Subcommittee just [held a hearing](#) on the FY 2016 spending bill. During this time, the committee has responded to the Dietary Guidelines for Americans report by suggesting two provisions: (1) strike recommendation related to environmental sustainability and (2) to dismiss language like, "plant-based foods" in diets. 60 public health groups fought these requests in a [letter](#) sent to House appropriators.

The House Education and the Workforce Early Childhood, Elementary, and Secondary Education Subcommittee held the "Child Nutrition Assistance: Looking at the Cost of Compliance for States and Schools" hearing. It highlighted testimonies from foodservice directors and other professionals about the challenges and successes of healthier school lunch programs. Read their testimony and watch a webcast [here](#).

The [Healthy School Meals Flexibility Act](#) would reduce the whole grain requirement from 100% to 50% and raise allowable sodium levels in school meals. This [letter](#) was signed by multiple school-based organizations and coalitions to support the act.

Webinar:

NEW- "Professional Standards in School Foodservice: How Smarter Lunchrooms Can Help" is a webinar that will describe Professional Standards that are required for every school cafeteria under the Health Hunger Free Kids Act. It will then dive into how Smarter Lunchrooms can help these cafeterias meet those standards. Watch the thirty minute recording [here](#).

NEW- "Bringing Four-Season Farming for the Next Generation" is slated for Wednesday, July 15, 2015. It will start at 12:00 PM (EST). It will be led by a second generation organic farmer, speaker, and consultant. Find more information about it, [here](#).

NEW- "Understanding and Communicating Biotechnology" is a webinar that provides continuing education credits for Registered Dietitian Nutritionists. During the webinar, you will learn about the safety, uses, impact on nutrition, and environmental effect of biotechnology in our food supply. Access the description, recording, and continuing education credit forms, [here](#).

NEW- Learn how to effectively convey nutrition and health information in the most influential way during the webinar, "Mobilizing Nutrition Communication to Improve Americans' Consumption Patterns." The Society of Nutrition Education and Behavior will put on this webinar

from 3:00-4:00 PM (ET). Find more about it [here!](#)

NEW-The Team up for School Nutrition [archive](#) contains webinars explaining the goals of this pilot program that makes sure healthier meals are being served in school cafeterias. The webinars cover financial tips, menu planning ideas, and display trainings for each pilot region.

The EATx seminar addressed the urgent issues in food, health and sustainability in the Middle East and North African (MENA) region. Experts from all sectors came from around the world to present on the matter. Watch the recordings, [here](#).

The Center for American Progress, Food Research and Action Center, Feeding America, the Coalition on Human Needs and Witnesses to Hunger are working together to release a new campaign, "Community Voices: Why Nutrition Assistance Matters," to gather stories of those who took part in a nutrition assistance program, to share these stories to dismiss myths, and to increase the understanding of how these programs work and who they help. You can watch a recording of the kick off presentation. [Register here](#).

Waste, fraud and abuse in federal child nutrition programs were addressed during a hearing in preparation of reauthorizing the child nutrition programs. Find the [archived recording](#) and supplemental resources here. Also, find error rate [issues highlighted by the US Department of Agriculture Inspector General](#).

Events:

NEW-August 2-8 is National Farmers Market Week. You can read the official proclamation of the celebration [here!](#)

NEW-Healthy Body Healthy Minds in Pottstown, PA will prep you with ideas for incorporating physical activity in your classroom. This event takes place on August 4-5. Click [here](#) to figure out what's happening.

The Institute of Medicine is holding a two-day workshop called, "Meeting the Dietary Needs of Older Adults." It's sponsored by the AARP Foundation and will be held on October 28-29, 2015 in Washington, DC. The workshop will examine the evidence on factors that influence older adults' ability to meet their daily dietary needs. See all the details at [this website](#).

Save the date! The 2015 National Conference on Health Communication, Marketing, and Media is set for August 11 - 13 in Atlanta, Georgia. As more information unfolds, it will be posted on [this website](#).

National Food, Nutrition, and anti-hunger conferences are all listed [here](#) for 2015.

Grants and Opportunities:

NEW-Do you know a colleague who is working for healthier behaviors throughout the Latino community? Then, you can nominate them for

the Latino Caucus of the American Public Health Association Awards. Nominations are open until September 4, 2015. [Read more!](#)

Here is Request for Information (RFI) asking for a national vision for health disparities research. Information outlined on this website will help the National Institute on Minority Health and Health Disparities (NIMHD) define a vision that will guide the development of the science of health disparities research for the next decade. The RFI is due on July 31, 2015. Find all the information, [here](#).

Finding the right funding source for your project can be a challenge. [Pivot](#) helps you find the funding that suits you and your organization.

Check [this listing](#) of upcoming deadlines and descriptions for federal food and agriculture program funding.

School nutrition grants are available and can be found in this archive from [Grants.gov](#). Another childhood nutrition grant archive with opportunities from various sectors can be discovered on this Feeding America [website](#).

[GrantHelpers.com](#) lists a couple food and nutrition grants available.

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