PA NEN - Weekly Food & Nutrition News Nibbles











Week of July 11, 2011

IMPORTANT PA NEN LINKS

PA NEN News

NEWS NIBBLES-PAST ISSUES

THANK YOU FOR ATENDING PANEN'S ANNUAL CONFERENCE!



Making Food Make Sense with Amanda Archibald in Gettysburg on July 27-28

Only five spots are left for Amanda's Workshop! The biggest challenge we face in food and nutrition education is translating nutrition advice into changes on the nation's plate. Now more than ever, our advice must meet the culinary, cultural and individualized health needs of a rapidly diversifying population. This workshop will be full of hands-on cooking and interactive group discussions. Click here for more information.

Did you know that PA NEN has an Online Membership Directory?

Are you looking for a colleague? Or would you like to know what TRACKs programs are available in your county? Now you can when you take advantage of PA NEN's Online Membership Directory! To access this member's only benefit, you will need to log in to the members only section of the website, then click on the Member Directory navigation button on the left. You will be able to search by last name, email address, type of organization, populations served, county ...and more!

You will need your password to access this benefit. If you forgot your password please contact Rose or Julie at 717.233.1791 or pa nen@phmc.org and one of us will be able reset your password.

International and National News:

Wal-Mart financially supports DC summer youth programs.

More food stores do not make for healthier diet patterns, study finds.

<u>Pediatricians across America believe that food ads on TV help to tip the scale of childhood obesity.</u>

More low-income Rhode Islanders go to market to buy their fruits and vegetables.

According to a study published in the American Journal of Medicine,

a healthy lifestyle is the perfect prescription.

Restaurants are working together to provide healthier kids meals.

Not only might adults benefits from exercising, but <u>the UK recommends</u> <u>that infants try it too.</u>

Local:

Pennsylvania: Obesity rates rise yet again. In PA we follow this trend.

Philadelphia: The Pennsylvania Horticulture Society greens its thumb in downtown Philadelphia.

Resources:

A new release: "Cooperation in USDA Studies and Evaluations, and Full Use of Federal Funds in Nutrition Assistance Programs Nondiscretionary Provisions of the Healthy, Hunger-Free Kids Act of 2010, Public Law 111-296"

You can plant a garden SNAP benefits, just look to authorized SNAP retailer who can sell seeds and plants.

Webinars:

New RSS Feeds: Have you heard of an <u>RSS feed</u>? Basically, you can listen to the <u>Yale Rudd Center for Food Policy & Obesity's</u> researchers and policy experts. Just subscribe at this <u>site</u>, add it to your online bookmarks, and when curiosity strikes, look to this resource for short audio segments.

The Beverage Institute offers free Continuing Education Credits for those people interested in their <u>webinar recordings</u>.

Event: On July 28, 2011 at 1:00-2:30 PM a webinar called "Healthier Corner Stores: Finding the Funding" is where you can discover your federal, state, and local assistance for healthy corner store development. You can join this informational session.

Events:

The Airlie Foundation is holding a DC conference titled, "The Role of Institutions in the Future of Local Food" on Monday, August 8th, 2011. Presenters across the nation will shed light on local food systems, employee and school gardening, foodservice with a flair for seasonal foods, and conservation efforts. You can click here for more information about registration and scheduling.

Grants:

The Fuel Up to Play 60 Breakfast Grant will provide school food service with an opportunity to improve healthy breakfasts. It will target schools that emphasize sustainable systems. The application deadline is July 31st. Click this <u>website</u> for qualifications and other information.

Can your non-profit improve access to Supplemental Nutrition Assistance Programs for eligible populations? <u>Applications</u> for this grant are available today.

Are you a part of an accredited university or organization that is interested in WIC? A research grant is available for multiple different subject areas. Look here for the details needed to apply.

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