

Nutrition News & Opportunities



April 27, 2015

IMPORTANT PA NEN LINKS

[PA NEN News](#)
[NIBBLE ARCHIVE](#)

[PA NEN ANNUAL
CONFERENCE 2015](#)



International News:

[A hearing on Child Nutrition Programs will take place at the beginning of May.](#)

[Let's talk about the food system of future.](#)

[Who believes in the benefits of recess and play for all ages?](#)

[Tax deductions help farmers donate more food to hunger relief agencies.](#)

[Vermont's Genetically Modified Organism labeling law was ruled constitutional this week.](#)

[A large food company plans to stop feeding their chickens antibiotics.](#)

[Who is the typical organic consumer?](#)

[The government invests in reducing agriculture's role in climate change. They will incentivize farmers for a reduction in carbon emissions.](#)

[Diet quality is associated with lower mortality.](#)

[Take Marion Nestle's argument for education and regulation for people participating in the Supplemental Nutrition Assistance Program \(SNAP\).](#)

[School gardens help kids consume better foods.](#)

[The US Department of Agriculture deems food safe to eat 18 months beyond the "sell by" date.](#)

[Charity alone cannot take care of the national hunger issue.](#)

[Bees are attracted to pesticide-laden crops.](#)

[How do trade agreements affect our food supply? Here](#) is another commentary on the matter.

[Ready, set, grow! Take some of these fast-growing vegetables for your garden!](#)

[Moderate drinking might affect people of various racial backgrounds differently.](#)

[The House and Senate 2016 budget resolution is released without cuts to mandatory Farm Bill spending.](#)

[Training for school food professionals remains key to increasing the number of successful school implementing healthier school lunches.](#)

[Without a gym membership, you can still find fitness facilities anywhere you travel with the help of this program.](#)

[Hospital room service? You bet!](#)

[Hunger strikes within wealthier counties.](#)

[Are the calories on your nutrition label wrong?](#)

[How do food pictures on social media influence people's brains?](#)

[Eat simply with this guidance.](#)

[Bird flu kills a whole flock of layer hens in two days.](#)

Local News:

Pennsylvania: [Asset testing will be eliminated for those receiving food assistance in Pennsylvania.](#)

Philadelphia: [See how hungry kids will get fed this summer!](#)

Philadelphia: [Philabundance asked participants of their "Canstruction" event to create beautiful displays out of canned food items. View their masterpieces!](#)

Social Media

On Cinco de Mayo, you can be a part of #SaludTues Twitter chat to figure out how to keep this holiday healthy. It goes from 1:00-2:00 PM on May 5. See all the information [here](#).

Resources

[Home canning safety](#) from FoodSafety.gov

This [infographic](#) will help you use that fridge to reduce food waste.

John Hopkins Bloomberg School of Public Health runs forward-thinking food programs and innovations. Find a list of them [here](#), and use them to stimulate your programming creativity!

Find an outdoor park to enjoy in your area by using [this map](#).

Are you curious about sports nutrition? If you're a registered dietitian, health educator, nurse, and physical therapist, you can receive continuing education through reading this online, written program. You'll learn about the guidelines to fuel athletes and active individuals before, during and after exercise. [Read more](#).

[This Congressional Research Service \(CRS\) report](#) offers a brief overview of hunger and food insecurity with a list of related, government-run programs that resolve these issues.

[Child Nutrition Programs were studied and evaluated](#). These programs include the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program, Summer Food Service Program, Fresh Fruit and Vegetable Program, and After-School Snacks and Suppers. Updated charts and data are based on 2014 data from the Food and Nutrition Service, US Department of Agriculture.

The Lancet created a series of articles, infographics, and more about obesity at [this link](#).

[This research brief compares the implementation of healthier school lunches from 2006-2007 versus 2013-2014.](#)

Webinar:

NEW-On May 5th from 2:00-3:00 PM (ET), you can join this webinar, "From Potato Chips to Mini-Meals, Optimizing Nutrient Quality of Snacks." It's free for members of the Society of Nutrition Education and Behavior and for the first 100 non-members. The rest of the non-members will pay \$25. Find out more, [here](#).

NEW-Watch this webinar on May 13, 2015 from 1:00-2:00 PM (ET) to begin to understand relationship between food, exercise, and our environment and how they determine the make-up of our gut microbe. [See what regimen is healthiest for you!](#)

NEW-Watch this really interesting TeDEx recording given by Michael Kuczala. He speaks to physical activity in the classroom in his presentation called, "[Kinesthetic Classroom--Teaching and Learning through Movement](#)."

Herbal remedies are an answer for those who are not interested in typical pharmaceutical remedies. But, can these herbs be good for kids? What supplement is best for them to take, how much, how often, and which brands? Listen and learn from health professionals in this webinar. You can register [here](#). To view in other time zones or languages, please click the [link](#). The webinar will take place on May 13 from 1:00-2:00 PM (ET) and is available to registered dietitians who are a part of the Academy of Nutrition and Dietetics.

On the "Meal Make Over Moms" podcast, you'll hear one dietitian sum up the 500-page, Dietary Guidelines report. Listen to the recording [here](#).

Is red meat good or bad for you? The debate rages on. Hear what one researcher has to say about it over this [radio recording](#).

Dietitian, Marion Nestle, talks about the food politics of 2015 in her presentation called, "From Personal Responsibility to Policy Advocacy." The presentation was streamed and recorded during Columbia's School of Public Health's Grand Rounds. Listen to it on [this page](#).

Recordings of TedExManhattan 2015 focused on changing the food system and the way we eat. Some speakers spoke about world hunger, others about sustainability, even others spoke on so much more. To find video recordings of the conference, click [here](#). They're free!

Events:

NEW-The Institute of Medicine is holding a two-day workshop called, "Meeting the Dietary Needs of Older Adults." It's sponsored by the AARP Foundation and will be held on October 28-29, 2015 in Washington, DC. The workshop will examine the evidence on factors that influence older adults' ability to meet their daily dietary needs. See all the details at [this website](#).

NEW-This is the [last day](#) to donate \$10 at ACME to Kick Hunger in Philadelphia. This dollar amount will offer a bag of food for those who need it.

The Pennsylvania Food Defense meeting is slated for May 12, 2015 in the banquet hall of the Harrisburg Farm Show Complex. Registration is from 8:00-8:45 AM, and the symposium starts at 8:45 AM-3:00 PM. Attendees will take part in discussion topics like potential terrorist threats on the food supply, intentional tampering, emerging diseases, and much more. See all the information on this [invitation](#).

Save the date! The 2015 National Conference on Health Communication, Marketing, and Media is set for August 11 – 13 in Atlanta, Georgia. As more information unfolds, it will be posted on [this website](#).

National Food, Nutrition, and anti-hunger conferences are all listed [here](#) for 2015.

Grants and Opportunities:

[Join the 4th Annual Healthy Lunchtime Challenge!](#) 8 to 12-year-old kids are invited to develop a MyPlate-inspired recipe with a parent or guardian! The winner from each U.S. state, territory, and the District of Columbia will be selected to attend the annual "Kids' State Dinner" at the White House this summer. Each winner's recipe will be served.

Finding the right funding source for your project can be a challenge. [Pivot](#) helps you find the funding that suits you and your organization.

Check [this listing](#) of upcoming deadlines and descriptions for federal food and agriculture program funding.

The "Check Out MyPlate Video Search" is asking parents and teachers (with parents' permission) to help kids (ages 2-18 years) tell MyPlate how they build a healthy meal and stay active in a song, skit, or how-to video! Visit [this website](#) to learn more.

School nutrition grants are available and can be found in this archive from [Grants.gov](#). Another childhood nutrition grant archive with opportunities from various sectors can be discovered on this Feeding America [website](#).

[GrantHelpers.com](#) lists a couple food and nutrition grants available.

In July, First Fruits will fund youth-run charities based on your votes! Criteria, nomination guidelines and funding details are available on [this website](#). Start voting for your favorite on May 4.

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