PA NEN - Weekly Food & Nutrition News Nibbles











Week of June 21st, 2010

PA NEN News

IMPORTANT PA NEN LINKS

SUMMER WORKSHOPS 2010

NEWS NIBBLES-PAST
ISSUES

NUTRITION PROGRAM
REPORTING

ONLINE MEMBERSHIP
VERIFICATION



PA NEN is Excited to Announce 2010 Summer Workshops

Mixing it Up: Edible Nutrition for Kids and Families

PA NEN is offering an a la cart culinary-nutrition workshop for food and nutrition professionals who teach low income children and families about food and nutrition. Each session will include hands on activity and interactive group discussions.

This workshop will offer continuing education credits from:

- The American Dietetic Association
- The PA Department of Welfare (PA Keys to Professional Development)

Click <u>here</u> for dates, locations and to register.

Report your nutrition programming from now until **July 30th** and you will automatically be entered to receive a **FREE** registration to the Mixing it Up workshop at the **Gettysburg or Bethlehem** location! Click <u>here</u> to enter.

IS PA NEN Making the Grade?

The PA NEN Outreach Committee wants your opinion and feedback in order to improve what PA NEN provides to you and other members. Please complete this short, seven question membership satisfaction <u>survey</u> by Tuesday, June 29th

SAVE THE DATE!

PA NEN's 2011 Annual Conference will be held on April 26-27 at the Sheraton Harrisburg-Hershey Hotel in Harrisburg, PA.

National/Local News

National

First Lady gets physical with DC students

For a Healthier Bronx, a Farm of Their Own

<u>Chefs in Baltimore take local produce to a new level — the roof</u>

CDC Reports, Most Americans Get Too Much Salt

FDA To Retool Food Recall Messages

Consumer group targets McDonald's Happy Meal toys

Educational Achievement Improved By National School Lunch Program

Journals

American Journal of Clinical Nutrition, July 2010

Do socioeconomic factors shape weight and obesity trajectories over the transition from midlife to old age? Results from the French GAZEL cohort study (abstract only)

Resources of the Week

PA Department of Education

Lesson plans for grades 10-12 on sustainable diet, are available FREE on the Pennsylvania Department of Education website.

The lesson plan provides many thought-provoking activities that also work well with adults and the resource section is fairly extensive.

Click here for more information.

Compiled by: Malorie Blake, MS, RD, LDN

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